

John S. Viviano | Curriculum Vitae

Sleep Disorders Dentistry Research and Learning Centre | www.SleepDisordersDentistry.com
5045 Orbitor Drive Suite 10-300 Mississauga Ontario Canada L4W 4Y4 | 416 500 2901 | John@DrViviano.com

Sleep Disorders Dentist - Researcher - Author - Educator - Patient Advocate

Skills & Abilities

Doctor of Dental Surgery, Team Development and Management, Research, Technical and Media Author, Education, Public Speaking.

Experience

Dentist and Clinical Director— Dr. John Viviano and Associates 1983 – 2017
Provided preventive, general and cosmetic dental service in this community practice for over 30 years and dental sleep medicine services since 1997.

Dentist and Clinical Director — John Viviano DDS Sleep Disorders Dentistry 2013 – Present
This clinic is dedicated to Dental Sleep Medicine and is the first clinic in Canada to be Accredited by the AADSM.

Clinical Director — Sleep Disorders Dentistry Research and Learning Centre 2017 – Present
This facility is dedicated to creating Sleep Disorders Dentists by providing evidence based training for the management of snoring, sleep apnea and other breathing related sleep disorders and furthering the knowledge base in this area with continuing research.

Owner/Manager — SleepDisordersDentistry LinkedIn Discussion Group 2015 – Present
On-Line discussion group available 24/7. Intended to be an evidence based venue where clinicians that manage sleep disordered breathing can share their experiences and viewpoints.

Education

University of Toronto: Toronto Campus — H.BSc 1975 – 1979
University of Toronto: Faculty of Dentistry — DDS 1979 – 1983

Certification

Diplomate of the American Board of Dental Sleep Medicine 1999.

Patents

Apparatus comprising stepped mouthpiece for aerosol drug delivery.

Communication

Numerous International presentations on the management of Sleep Disordered Breathing with an Oral Appliance and evaluation of the upper airway by Acoustic Reflection.

Honors and Awards

Faculty of Dentistry Student Society Award.

Publications

- Mandibular Advancement Achieved Through a Stepped Mouthpiece Design can Change the Size of the Upper Airways. April 2010 Respiratory Drug Delivery 2010 Vol 3 PP 747-752, 2010, Presented Orlando Florida April 2010.
- Assessing Orthotic Normalization of Pharyngeal Dynamics Jul 2004 CRANIO 22(3),2004.
- Acoustic Reflection: Review and Clinical Applications for Sleep-Disordered Breathing Sep 2002 Sleep and Breathing 6(3) 2002.
- Airway Orthotics: Normalizing the Pathological Airway Feb 2002 Sleep Review 3(1), 2002.

Projects

- Consultant for Philips-Respironics 2007-2012 Regarding Acoustic Reflection.
- In-Vitro Evaluation of Artifacts using Acoustic Reflection (Philips-Respironics) Oct 2012.
- 60-Individual Stepped Mouthpiece Study (Philips-Respironics) Feb 2010.
- 4-Stepped Mouthpiece Study (Philips Respironics) May 2007.
- Acoustic Research Project to Evaluate Clinical Applications for Airway Orthotic Therapy 2004.

Revised April 2019